NIAGARA COLLEGE
of Applied Arts and Technology
WELLAND CAMPUS
LEARNING
RESOURCE CENTRE

Niagara News

Vol. 24, No. 4 FREE Friday, Nov. 5, 1993

INFORMING NIAGARA COLLEGE

Drug Awareness Questionnaire

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ARF

Sexual harassment Part 3 of 3

See page 2

The horticulture team who received the 1993 Trillium Civic Award includes (front left) Glenda Morrison, Thom Stephenson, (back left) Rick Bowman, technician Jim Thomson and Steve Wiles.
Photo by Donna Dolynsky

Hort Centre blooms with Trillium Award

By DONNA DOLYNSKY
Staff Writer

The Niagara College Horticultural Centre has been presented with the 1993 Trillium Civic Beautification Award from the St. Catharines Parks and Recreation Department.

Jim Thomson, technician and grounds keeper along with four summer students, who had successfully completed the first year of the two-year program, say they feel proud of their accomplishments.

"They worked hard for it," said Thomson."They deserve some recognition for their efforts."

It was presented on Oct. 7 to Don Papple and Peter Thompstone on behalf of the Horticulture Centre in St. Catharines.

The student staff who included Steve Wiles, Glenda Morrison, Rick Bowmann and Thom Stevenson were required to work 560 hours to complete the co-op sector of their term.

The Niagara College Horticultural Centre has on display a number of awards, some dating back to 1978 for the best student display from the Horticultural Trade Association. The centre also won the first place Landscape Harmony Award in 1988 and Trillium Awards in 1990 and 91.

"Their hard work places the centre upfront in the eyes of the public, the civic officials, and shows our importance as a contributor to the appearance of St. Catharines," said Tom Ball, co-ordinator of the Horticulture program, in a letter sent to Larry Taylor, director of the Media and Design division.

College launches Crime Stoppers

By TOM BRANK
Staff Writer

Niagara College will become the first college in Ontario to launch a campus-operated Crime Stoppers unit.

The unit, set to begin operations in January 1994, will be independent from Niagara Regional Crime Stoppers, and will cover everything from criminal offenses to sexual harassment on campus.

"We're paving the way, for a new approach to Crime Stoppers," said Heather Hodgson, Law and Security Administration co-ordinator. "We're virtually writing history."

Persons with information on crimes committed on the Niagara College campus will be able to anonynously report the incident in secured mailboxes throughout the college. The program rewards people for reporting crime and allows the college community to take ownership of its campus, said Hodgson.

A Crime Stoppers board governed by students is scheduled to appoint members Nov. 12 at 8 a.m. in M8. Any student attending Niagara College wishing to join the board is encouraged to attend.

"We're the first college to have its own free-standing Crime Stoppers unit. The benefits, I feel are that the students will gain a lot of valuable experience. They're doing all the decision making as opposed to an outside body," said Hodgson.

Free pizza up in the air for blood donors

As of late Thursday afternoon, Niagara College's Student Administrative Council had no official plans to provide pizza for the upcoming blood donor clinic. The decision to purchase pizzas has been tabled until prices have been investigated.

By MONIKA QUECKENSTEDT
Staff Writer

If you're hungry for free pizza, how about rolling up your sleeve and giving the gift of life.

The Student Administrative Council (SAC) is sponsoring a blood donor clinic at Niagara College on Nov. 26 from 10 a.m. to 3 p.m. in the Mackenzie building of the Welland campus.

For the second year SAC is providing pizza for the blood donor clinic.

"Students will get free pizza if they donate (blood)," said Jan Potton, 47, of Fonthill, a Niagara College psychology instructor and Red Cross vice-president.

Last year's attendance was 262 out of 4,753 students, up 55 students from 1991.

All donors must weigh over 100 pounds (45 kg) and be between 17 and 60 years old, said Potton.

In addition to age and weight, the blood donor criteria includes the person's health.

Certain medications and illnesses could prevent someone from donating blood. Some highlights from the Hamilton Centre Blood Services list include antibiotics, flu, infectious mononucleosis, alcohol, pneumonia and tattoos.

Niagara College's Ambulance and Emergency Care program students as well as Law and Security Administration (LASA) program students have the first two hours of the clinic to give blood.

"From noon to 3 p.m. the clinic is available for (donor) students from other programs as well as teachers," said Potton. "Please give and think about other people."

While free food is one incentive to participate, the Red Cross also gives prizes to Niagara College programs and teachers who participate the most.

The program year with the highest percentage of donations will receive the Corpsuckle Cup, while the Buddy Blood Drop trophy is given to the program year with the highest number of donations.

This year the Red Cross is designing a trophy for staff "to encourage more participation," Potton said.

Policy aims to create safer campuses

By PEGGY TEDDER
Staff Writer

Awareness is growing regarding the prevalence of sexual abuse in today's society. The crime, the criminal and the victim are moving to the forefront of our understanding.

Dave Cooke, the provincial minister of education and training, recently announced a policy framework calling for zero tolerance of harassment and discrimination at colleges and universities. "Creating a positive and safe environment on our college and university campuses is essential in our quest to achieve education equity," said Cooke, in a press release.

The policy framework covers all employees of colleges and universities, students, members of boards and members of standing and ad hoc committees. The policy also covers members of affiliated or sponsored societies as well as associations, visitors, contractors and institution-sponsored activities on and off campuses.

The government will provide a one-time allocation of $1.5 million to be used to promote a more cooperative and consistent approach to dealing with harassment and discrimination in the post-secondary sector. Decisions regarding the funding will be made by a representative group of college, university, community and ministry participants.

A committee consisting of management and union representatives, students, administrators and staff will review and make recommendations to the college board on the harassment and discrimination policy for the institution. Once the policy is finalized by the board, it will be sent to the ministry for approval. Each college will be required to complete this process by March 1, 1994.

"The approach we've taken builds on the work done by our post-secondary institutions and it should send the clear message that harassment and discriminatory behavior will not be tolerated at colleges and universities," said Cooke.

Problem at Niagara?

One of the positive ways to deal with the problem of sexual abuse is acknowledgement of its existence. The majority of information used in our series on sexual abuse was obtained from the Niagara Regional Sexual Assault Centre as well as a survey conducted by Ms. magazine.

Let's hear the personal voices of the students of Niagara College!

Most people, male and female, still don't recognize that acquaintance rape is a crime. Men should be concerned about acquaintance rape because it could happen to someone they love. Men are hurt just as society is hurt, by behavior that affects so many women and reduces so many "ordinary guys" to sexual, social and moral misfits. We would appreciate it if you would take a few minutes to fill out this survey. This anonymous survey will help us determine if crime and violence is a problem at Niagara College.

GENERAL INFORMATION
Please check (.) the most appropriate response.

GENDER Male _____ Female _____

AGE 17-20 _____ 21-24 _____ 25-29 _____ 30+ _____

PROGRAM AREA

Applied Health	_____	Media & Design	_____
Business	_____	Nursing	_____
Community Services	_____	Technology	_____
General College	_____	Vocational	_____
Hospitality & Tourism	_____		

1. Have you ever been sexually harassed?
Yes __ No __

2. Have you ever been the victim of acquaintance rape?
Yes __ No __

3. Have you ever been subjected to unwanted sexual contact — sexually touched against your will?
Yes __ No __

4. Have you ever been the victim of sexual coercion — sexual intercourse obtained through the aggressor's continual arguments or pressure?
Yes __ No __

5. Do you agree - women who don't fight back haven't been raped?
Yes __ No __

6. Agreeing to kiss or neck or pet means that you have agreed to have intercourse?
Yes __ No __

7. Women provoke rape by their appearance or behavior?
Yes __ No __

8. A woman should be responsible for her own victimization in rape?
Yes __ No __

9. Do you think intoxication gives someone else the right to take advantage of you?
Yes __ No __

10. If you don't say no, is consent given?
Yes __ No __

Please drop off the completed survey to any of the following locations by Friday, Nov. 12, 1993.

After Hours Drop Off Box
Learning Resource Centre
Mack Nursing Centre
Hospitality Centre

Mock Liberals win big

By TINA YOUNG
Staff Writer

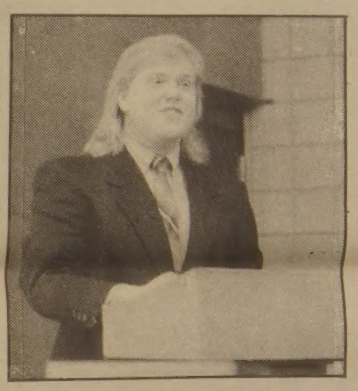
Like their national counterparts, the Liberals won big when first-year Human Relation students held a mock federal debate in the Hamilton Room on Oct. 22.

The first speaker was Mark Doucet, 40, who played the part of NDP Leader Audrey McLaughlin. "Canadians deserve a fair tax system that will stimulate the economy. We have a plan that will reduce the unemployment inflation as well as hold the line on the deficit," said Doucet.

Meanwhile, Frank Caroli, 34, who played the part of Bloc Quebecois leader Lucien Bouchard, said "to solve the economic crisis, we must solve the political crisis first. No consistent economic strategies can be devised that fit the needs and aspirations to both Quebec and Canada. If English Canadians are entitled to live in the country they want, a country we identify with, so should the French Canadians," he said.

Speaking for Reform Party Leader Preston Manning was Wendy Kovacs. "Unlike other political parties, the Reform Party supports an immigration policy that focuses on Canadian economic relief," said Kovacs.

Mike Collins, a Niagara Region councillor and Niagara College instructor, introduced the next candidate as "the Prime Minister of Canada, the Right Honorable Mike Hogarth."



MIKE HOGARTH

Hogarth, 20, played the part of Prime Minister Kim Campbell.

"I'm here to tell you what I'm doing. Our old sense of high wages, low taxes are not realistic. I'm going to tell you now the realistic steps," Hogarth said persistently.

The final speaker was Liberal Leader Jean Chretien, who in fact was Renee Duguay, 20. "As Prime Minister of Canada, I will create jobs that will rebuild hopes of repairing our economy," said Duguay.

The results of this debate proved to be similar to how Canadians voted on Oct. 25. The Liberals received 155 votes, while the PCs got 87 votes and the Reform Party got 65 votes.

The NDP ended fourth with 65 votes with Bloc Quebecois *ending last with 29 votes.*

Tom Busnarda, a Niagara College politics teacher, organized the mock debate. Collins spoke to the students about the voting process. The students voted for their three top preferences.

United Way:
Over half-way toward goal

By JILLIAN WATSON
Staff Writer

Niagara College has reached 58 per cent, or $14,514 of its $25,000 United Way campaign goal, with two weeks remaining in the campaign.

Faculty, support staff and administration of the college may contribute through payroll deductions or one-time donations payable by cash or cheque.

Payroll deductions, which account for 87 per cent of contributions, are more popular mainly because of "convenience," said Cathy Weir, Niagara College's campaign chairperson.

Not only is it "more convenient" to contribute through payroll deductions, said Gary LaRose, the college's director of financial services and winner of four vacation days in the Oct. 15 draw, but it "seems less painful."

"It may be psychological," he said, but the loss isn't as noticeable when the money is deducted from your paycheque before you get it.

Niagara College's registrar Ivar Noren said payroll deductions are "a practical way to contribute." The option to choose the number of instalments has the potential to make the donation larger than a one-time donation, he said.

Donors are given the opportunity to allocate funds to the United Way chapter in St. Catharines, Niagara Falls, Fort Erie, or South Niagara, including Welland, Pelham, Port Colborne and Wainfleet.

By today, 50 per cent of contributions, or $7,223, has been allocated to the United Way of South Niagara, 84 per cent of which was contributed through payroll deductions.

Payroll deductions account for 96 per cent of monies allocated to the United Way of St. Catharines, which received $5,660 or 39 per cent of contributions.

The United Way of Niagara Falls was allocated $1,321 or 9 per cent of contributions, of which 88 per cent are payroll deductions.

Payroll deductions account for 83 per cent of $60 allocated to Fort Erie.

Niagara South Board of Education, including Welland and Port Colborne, has reached 35 per cent or $10,003 of its $28,500 goal.

Welland County Separate School Board, including Welland and Port Colborne, has reached 42 per cent or $5,700 of its $13,600 goal.

Correction

The date of a blood donor clinic to be held at Niagara College is Nov. 26, not Nov. 8, as was published in the Oct. 22 edition of the Niagara News.

The clinic, organized by the college's Student Administrative Council, will be located in the gym of the Mackenzie building at the Welland campus from 10 a.m. until 3 p.m.

Donors must be over 17 years of age and weigh at least 100 pounds (45 kg).

Health Care Committee appoints new member

By GREGORY KELLY
Staff Writer

There is a new member on the provincial council advisory committee for reform of long-term health care in Niagara.

Doris Evans, Niagara College co-ordinator for health care aide, hospital orderly and home support programs at the Foyer Richelieu campus in Welland and Mount Carmel campus in Niagara Falls, has recently been selected to the Niagara District Health Council.

The tasks of the council focus on long-term care redirection, implementing long-term care reform plans and allocating long-term care resources over a three to five-year period.

"Our goal is to advise the ministers of the health community and social services on the allocation of new long-term care resources," Evans said.

The council is looking at planning and managing the process of establishing Multi-Service Agencies (MSA). Evans said the MSA will provide one step access to long-term care in the Niagara Peninsula.

"It is our task to design a local, comprehensive system that will service seniors, individuals with physical disabilities or anybody who needs health services at home or in school," Evans said.

"Doris has a wealth of experience in long term care. We are very pleased with her selection, for Doris and for us," said Donna Cunningham, director of Nursing Studies at Niagara College Mack Centre in St. Catharines.

The 18-member district health council meets again on Nov. 16, in Fonthill, giving Evans a better idea of the work that lies ahead.

"I'm honored to be on the committee," said Evans. "I hope my participation will be worthwhile."

Niagara students participate in Skills Show

By DANIELLE MEVILLE
Staff Writer

Aeronautical engineering, hairstyling, private investigating and fire safety training are just some of the courses offered at schools throughout North America.

The second annual Schools and Skills Show is a consumer show providing information on educational opportunities, retraining and skills upgrading.

More than 20,000 students from across Ontario attended the show in Toronto Oct. 21 to 24.

Over 150 exhibitors from Canada and the United States were present. Colleges and universities, specialty training schools, educational centres and government-run organizations participated in the four-day event.

Participation was the key word as students and parents were encouraged to ask questions and take part in seminars and demonstrations.

A discussion with Monika Deol of CITY TV and MuchMusic was held Oct. 21 on what education means to today's youth. Audience participants were encouraged to talk about their hopes and concerns for the future.

Randy Conlon, Niagara College information officer, was at the show with the hope of raising awareness of Niagara in the Metro Toronto region.

"One of the main reasons we're here is because we don't draw really well from the Metro Toronto area," Conlon said. "The reason being, a lot of Metro people don't like to leave Metro. They think Sheridan College in Oakville is far."

This was the first year American colleges and universities participated in the show.

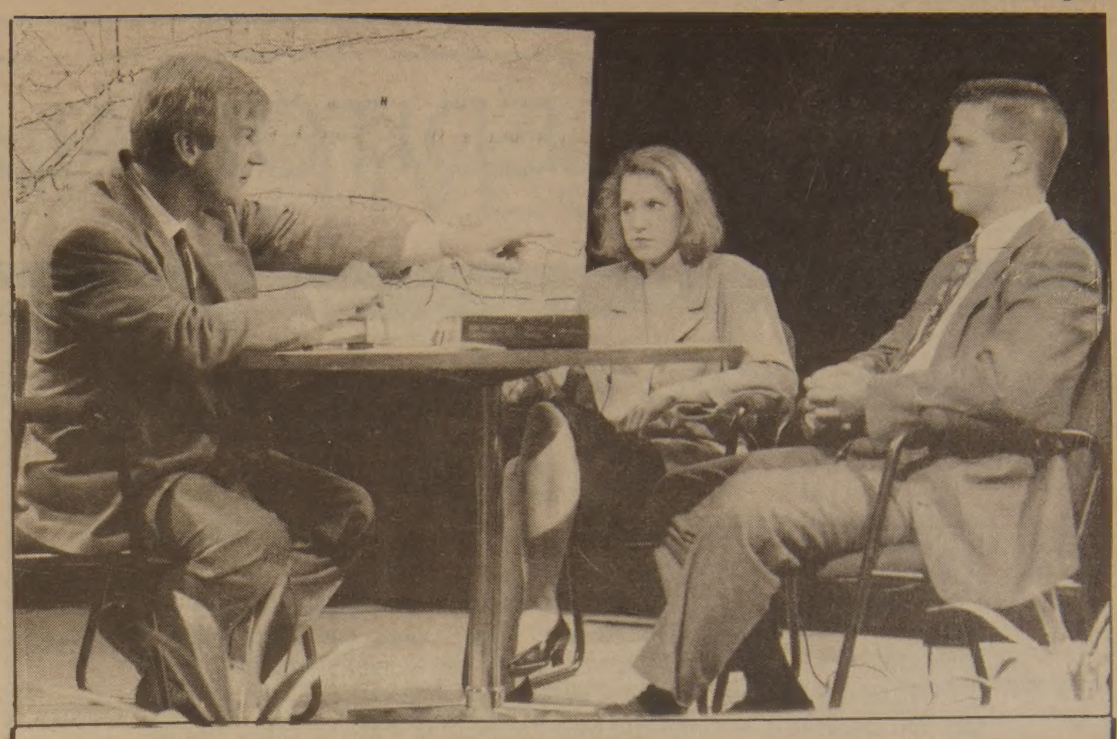
Robert Brzozowski, assistant director of the campus international programs at Marquette University in Milwaukee, Wis., attended the show with hopes of attracting more Canadian students to the university.

"We should have more Canadian students because we're really not that far away and I think there are a lot of similarities between Wisconsin and Ontario. This is our first trip into Canada and, so far, I see a lot of interest for Marquette," Brzozowski said.

Canisius College in Buffalo, N.Y., which offers undergraduate and graduate programs, was also looking for Canadian students.

"I've always wanted to go to school in the States," said Sarah Zilik, 17, of Stoney Creek, Ont.

"When my history teacher told me about the show, I definitely had to be here. Marquette seems pretty cool, but so does Nova University in Florida. How can a Canadian university top marine biology in the Gulf of Mexico?" she said with a smile.



Maverick MPP Kormos graphically makes point.

Photo by Tina Young

Racine seeking changes to Young Offenders Act

By AMY NEILANDS
Staff Writer

A young woman's life ended by the "shot gun blasts of hoodlums" and the offender may be walking free in a couple of years.

In August 1992, two young Welland women were pursuing their career goals in Toronto when from behind locked doors, Carrie Pinard, 18, was killed and her friend, Cheryl Racine, now 22, was injured.

Pinard was shot three times in the neck and Racine was shot four times in the face, blinding her in one eye.

The young offender was tried in adult court for manslaughter and was sentenced to 11 years in prison. He will be eligible for parole in three years.

The offender sits in a youth home in Toronto "with luxuries," says Racine. "Something must be done," she adds.

Racine is a graduate of the Office Administration Executive Assistant program at Niagara College.

Youths need to be punished more severely or they'll continue to commit crime, she said in an interview on the Peter Kormos Show, which aired Sept. 29 on Maclean Hunter Cable 10.

> 'Something must be done' - Racine

In the opening of the program, Welland-Thorold MPP Peter Kormos recounted the event as the "shot gun blasts of hoodlums."

A guest on the program was Mark Evans, 29, a criminal lawyer in the Niagara Region who defends young offenders.

Seventy per cent of young offenders are repeat offenders, the viewing audience was told.

Evans said he does his best to make sure they don't come back.

"I don't want to see repeat business," Evans said on the talk show.

To ensure that they don't become repeat offenders, he informs them of the impact of their crimes and refers them to counselling.

Racine and the Pinard family are fighting for changes in the Young Offenders Act. They have made 40 presentations throughout the Niagara Region and have distributed petitions looking for support in their fight.

"Something must be done," said Racine. "She (Pinard) is gone forever and he'll get out on his 21st birthday."

Aboriginals may receive additional government funding

By JENN SHERIDAN
Staff Writer

Aboriginal students at Niagara College will be receiving additional funding from the federal government if newly-elected Prime Minister Jean Chretien keeps one of his campaign promises.

In a comprehensive plan on Aboriginal issues last month, Chretien promised that if elected, a Liberal government would remove the current cap on funding for aboriginal students at the post-secondary level. If implemented, it would be the first financial increase Indian Affairs has had since 1982.

"I have a vision of Canada where... aboriginal peoples are given the opportunity to share fully in Canada's wealth and resources," said Chretien.

He promises to commit $20 million a year initially to address the current backlog of eligible native students, as well as triple the present number of bursaries and scholarships for the training of native health professionals.

Financing for the plan would come from the relocation of existing federal monies and through cutbacks or cancellations of current government programs.

"We will work hand-in-hand with aboriginal peoples on initiatives to improve their well-being," said Chretien, a former minister of Indian Affairs and Northern Development. The platform was developed through consensus with aboriginal peoples and the Liberal party's Aboriginal Peoples Commission.

But aboriginal students at the college aren't ready to hold Chretien's hand.

"Chretien made sure that questions were streamlined during his campaign," said an aboriginal student who wishes not to be identified. The student said when Chretien was asked about aboriginal issues during his campaign visit in Thunder Bay, he "just up and left."

Students are worried that Chretien's past history in dealing with aboriginal issues, mainly the White Paper, will repeat itself.

"(Former prime minister Pierre) Trudeau introduced the White Paper completely through the support of Chretien in the 1960s and its purpose was to assimilate natives, take away special rights and reserves," said another student who wishes not to be identified.

> **'I have a vision of Canada' -Chretien**

Alluding to the students' concern is a book titled Native Peoples in Canada by James S. Frideres, Native Political Activity: Pre-1980. The book states the federal government published the White Paper in 1969, which proposed to do away with "Indians," land claims and aboriginal rights. Chretien, who was minister of Indian Affairs, claimed the White Paper was a response to Native recommendations. Opponents argued that either the minister acted dishonestly on behalf of white economic interest groups or entirely misrepresented Native attitudes. Natives claimed that they had not been consulted before the drafting of the White Paper.

"He hasn't done anything to go against what he said in the 60s. Yes, I'm wary," said another student.

Although the students are skeptical, they hope that Chretien's platform on aboriginal issues will turn in their favor.

The Liberal plan also includes a Head Start program for disadvantaged aboriginal preschool children, an Independent Land Claims Commission, aboriginal controlled community economic development institutions, a reformed justice system and eventually eliminating the Department of Indian Affairs to implement native self-government.

EDITORIAL PAGE

Hypocrisy surrounds us

I was walking the hallowed halls today and I was thinking about the amount of hypocrisy that surrounds us.

Everywhere I turn there is always someone telling me not to do something because it is morally or ethically wrong. When I take a closer look I sometimes find those people doing the very things they're telling me not to do.

I have seen people who claim to be animal liberationists wearing leather clothing, and chowing down on a Big Mac. Or wearing make-up caked on their faces that has been tested on animals and using cleaning products that thousands of animals have died to test.

We have seen examples of people who say they are pro-lifers using guns on doctors. If these people are pro-life why do they kill?

Have people gone mad? People seem to jump on the bandwagon for every half-descent cause that creeps up and grabs their interest. Sometimes the impact of their statements on society doesn't make a difference about what they say or how they say it.

If you plan on publicly stating your views on a cause research what you are going be to talking about, facts always make more sense than opinions. Try talking to experts, and talk to people with opposing views so you understand both sides of an issue before you go parading around telling people what they should do.

Leann McHutchion

Political correctness a contemporary fad

When do we call it quits?

Time and time again we are being forced to adjust to a new, very contemporary fad in the English language called political correctness. Some people believe in the various isms and phobias so much that they don't realize this method of speaking harms the language itself and those who speak it.

The word 'Afro-American' is inaccurate and offensive to some black people. Most blacks in Canada and the United States have never been close to Africa, and enjoy celebrating their heritage. But this small group dominated by white women has deemed 'Afro' to be an appropriate prefix for all black people. This type of generalization and disregard for facts is similar to the behavior of hate groups and racisits.

Where do we go from here? Do we change 'woman' to 'female' to 'human' to 'homo sapien' to avoid those manly endings on the words? Do whites suddenly become 'Roman-American' or 'Greek-Canadian' because at one time their ancestors dominated the Mediterranean lands?

We shouldn't have to live in a Nazi-type society where everything we do and say has to be in compliance with a strict party policy. Carry on speaking the real English language and not this politically-correct jargon.

We would like to hear your opinion on this issue. To have your say heard, drop us off a letter. See our letter policy listed on this page.

John Bell

Help available for people who need it

Dear Editor:

Yes, alcoholics and drug addicts need help. There are treatment centres as well as support groups that have helped many. However, alcoholics and addicts must admit they have a problem and reach out for help. Until doing so, they cannot be helped.

Alcoholics drink and addicts use drugs to bury emotionally painful feelings that stem from being raised in an alcoholic or non-supportive home. Initially, alcohol and some drugs suppress these painful feelings and make one feel good. As a result, the drinking and drug use escalates out of control, causing more pain than pleasure. This can be varified by visiting any detoxification center and seeing the pain, fear and humiliation on the faces of those experiencing withdrawl. Some grow in recovery, others return to drinking and drug use. The weaker choose suicide.

So, if you think you have a drug or alcohol problem, there is help. Admit you have a problem and reach out.

Dave Glintz
First year
General College program

Grit win predictable

Dear Editor:

First, congratulations on the fine work the Niagara News is doing.

Kudos to a newspaper which takes its job as a voice of the students seriously. Keep up the good work.

Now, all commendations aside, I would like to comment on the Oct. 25 federal election and the Liberal landslide that came from it. It would seem our international label of "the great moderates" has proved true once more.

If you look at the alternatives, the choice of Jean Chretien and the Grits was quite predictable. Political parties leaning too far one way or the other on the political spectrum have as a rule scared Canadians, being too radical in their views. The Reform Party, on the fairly far right, is a good example of this (in central Canada anyway). Further over on the left lie the NDP and several provincial governments (no names need be mentioned here, I assume) have made certain that this leftist party may have seen the last of its days.

When you look at the two outlying alternatives on either side, the electoral race was again between the Tories and the Grits, as it has since Confederation, regional views aside. Since the Tories had about as much chance of winning the election as Lucien Bouchard had of speaking out for a unified Canada, the only choice left was to elect the Liberals. Once again, Canadians voting for the party or idea closest to the middle of the road.

There is also one new, interesting element in this new government. Strong regional interests will have to be addressed in Parliament, and not in all of these silly, expensive referendums, commissions or studies on how different areas of the country feel. Perhaps this will ease some of the regional tensions Canada has felt.

By the way, did you know that Bouchard's name vaguely translates into "Lucky Mouth?"

Hmmmmm.

Kyle McKenzie,
First-year
Journalism-Print program

Your letters welcome

Your voice or opinion is welcome in our Letters to the Editor section. Our policy regarding letter submission is:

1. All letters must be received on the Friday one week prior to publication.
2. Each letter must include the student's name, college identification number and program of study.
3. All letters must be signed and include a day and evening phone number for verification use only.

All letters can be mailed or brought to the Niagara News newsroom, Rm. S212, Simcoe Building, Welland campus.

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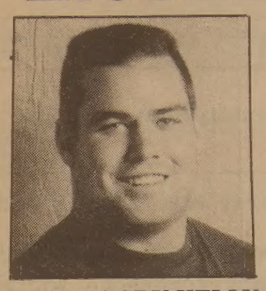
PERSPECTIVES

Election results an example of protest vote



By GREGORY KELLY
Staff Writer

Here we go again Canada.

Another election has resulted in misplaced representation by Canadians. Let's be realistic, the Bloc Quebecois is Canada's official opposition party?

Because of Canadians foolishly casting protest votes against Kim Cambell and the Progressive Conservatives, we face the future looking down the barrel of a constitutional shotgun.

There is no real shock in the Liberal majority, and as a staunch conservative it comes as no surprise. The true shock comes with the realization of the power Canada's political system has given the rebellious, narrow-minded Bloc.

After the 1990 catastrophe in Ontario's provincial election that put the NDP in power, was a direct result of a Ontarian's registering a protest vote, one would believe that the rest of Canada would recognize Ontario's mistake.

There is no real surprise in the Tories not being re-elected, but for them to only register two seats in the House of Commons is ludicrous. Canadians claim they want jobs, a lower deficit and continued health care but then they go and elect the Bloc and Reform parties as the two opposition parties. It is a definite contradiction.

Bloc Quebecois leader Lucien Bouchard has made it known that his party's first priority is Quebec sovereignty. Preston Manning, Reform Party leader, believes we should drastically cut health care. Is no one bothered by the fact that these men represent the second and third most powerful seats in Ottawa?

Few people believe the Tories will ever regain official party status and as Jean Chretien enters office there is a glimmer of prosperity across Canada. But as the Tory faithful know that glimmer can quickly turn into a growl. If Chretien does not meet Canada's expectations, the next federal election could see Doug Henning as the leader of Canada's official opposition party.

Some children packing guns with their lunches

By ANGELA KOTLARZ
Staff Writer

Nine-year-old children are packing more than their lunches these days — they're packing weapons.

The facts are staggering and eye-opening to say the least. In a survey of more than 800 Grade 6 to 9 students in southern Ontario, 85 per cent of students say they have been exposed to violence.

When we think of violence within the school systems, many of us turn our attention to the United States but this is happening "from St. John's to Inuvik," says Fred Mathews, a Toronto Youth Services psychologist and co-author of a report entitled *Student Perceptions on Violence*.

This should not only shock and horrify us, but it should enrage us. School boards continue to turn their heads to such incidents, leaving both the victims and the offenders of these senseless crimes to go untreated.

Temporary solutions such as installing metal detectors and hiring armed guards for schools are just that — **temporary**. Until school boards are willing to invest the time and effort it will take to delve into what is at the root of these troubles, then their attempts to curb this streak of violence will be sadly in vain.

Frankly, I'm sick of band-aid solutions, but of course it's always easier to look to the short term than to look beyond.

NEWSFLASH — this is a problem that will progressively worsen if school officials or government don't address the deeper concerns, such as family life and upbringing. As tired as we are of hearing this time and time again, it's an undeniable fact!

Every educational institution should provide parenting classes and instead of turning a blind eye should be willingly discussing the possibility of violence in the school environment with parents and faculty.

Open communication between teachers, students and parents is key to this process, but nobody is claiming it will happen overnight. This, like many things, is a complex issue requiring complex solutions. But, if no one is willing to take that first step in the right direction, then children will continue to feel unsafe at the place where we as children felt the safest — **school**.

Credit cards costly to campus crew

By ANDREA SNIDER
Staff Writer

Are the words Visa, Mastercard and American Express included in your monthly expense log?

They're in mine, and they're not going anywhere fast.

Conveniently available around campus are applications for a plethora of spendable plastic. Plastic credit. Easy money.

Buyer Beware! These cards are an easy hard lesson to obtain, and one big headache to relieve.

Having fallen into the trap myself, I feel I am amply qualified to discuss the temptation and trouble that these cards can arouse.

Why are teenagers and young adults allowed to obtain credit as they enter the post-secondary education system? These people have no money, never mind credit, and I estimate that the vast majority of these students cannot afford to spend this money and then to pay it back at phenomenal rates of interest.

My first mistake was applying for an easy-to-obtain Sears card as soon as I turned 18. I still don't know what I was thinking, either my wallet was lacking in credit presence, or these were some great steak knives they were giving away.

After receiving my Sears card, the scene was set for my ease into the world of Eatons, The Bay and Holt Renfrew. Upon completion of my first year of university at McMaster, I took the lethal plunge and applied for a McMaster Mastercard. Next was Visa, then Lord and Taylor and finally JC Penney.

I have worked full time for three summers to pay off these cards, and I am still learning my lesson the hard way. And I want to buy a house. Now I'm really scared about my credit rating and how it will affect my ability to obtain a mortgage and have a telephone and buy a car.

Please don't apply for a credit card unless you have a full-time job.

Don't be fooled by a five per cent allowance on a Ford vehicle. Do your math and figure out how much money you have to spend to make using that card a profitable venture.

These cards seem like fun, no-pain shopping, but in the long run, your credit rating will follow you long after those cards are cut up and that is something that you (and I) will have to live with.

Pay TV fails to meet expectations

By CRAIG LITCHFIELD
Staff Writer

I don't want my pay TV.

I originally thought my subscription would bring me countless nights of thrill-filled enjoyment. How very wrong I was.

The advertisements screamed to me of car chases, gun fights and half-naked women, a mere addition of $25.83 to my cable bill, how could I resist? Just by joining I would automatically become part of an elite viewing group. The few. The proud. The Movie Network subscribers.

I hurried to my local Maclean Hunter station to pick up my ticket to bliss, the converter box and my monthly pay TV viewing guide.

The angel behind the desk could somehow sense my busting anticipation (perhaps the squeals and high kicks gave me away) and without wasting time on niceties, threw the necessities into a bag and pointed me to the door.

My somewhat ample legs couldn't carry me home fast enough. Upon arriving I immediately began the simple step-by-step hook-up. Four hours later my home entertainment system was complete.

What award-winning programming did TMN have in store for me this fine evening? With shaky hand I pulled the crisp new edition of Feature (the monthly viewing guide) out of the bag.

My heart sank.

There, right on the front page, was a picture of Robert Uhrich with the caption "Spencer's Back!" Spencer? Wasn't that a crappy show that was cancelled from regular TV? I didn't even watch that idiotic show when it was free! Further leafing through the magazine showed more of the same stupid stuff. Trisha Yearwood live in concert, Beach Beverly Hills, and Oliver's Story to name a few. Oliver's Story? That movie is 16 years old!

I am taking this thing back right now and demanding compensation. Well...as soon as this old Eddie Murphy movie is over.

Drug Awareness Week to focus on teens

By GREG FURMINGER
Staff Writer

"Heads up. Pay attention. This is serious business," says Norma Medulun, manager of Hotel Dieu Hospital's detox centres in St. Catharines.

Teenagers are the focus of this year's Canada-wide Drug Awareness Week, which runs from Nov. 15 to 21.

A 1987 survey of Ontario universities indicated 16.4 per cent of students felt they had a drinking problem, says The Journal, the Addiction Research Foundation (ARF) magazine. Youths accounted for 21 per cent of alcohol-treatment cases in Canada in 1988-89.

In 1988-89, 65 Canadians under the age of 25 died because of drug-related problems and 17 died because of alcohol-related problems.

Teens must be made aware of potential substance-abuse problems they may face, said Medulun.

Many addictions are hereditary and the problems must be addressed at an early age when they are at a smaller scale, she added. "Drugs infiltrate family values," said Medulun.

The use of cocaine, heroin, marijuana and LSD (lysergic acid diethylamide) is increasing among teens.

However, "alcohol is by far the No. 1 substance of choice that's abused," said Medulum. Alcohol problems may lead to an abuse of pills, she added.

A person who consumes more than 14 standard drinks a week, or more than four drinks at any event, or one drink a day for three consecutive days is at risk of developing a drinking problem, said Medulun.

ARF

The Alberta Alcohol and Drug Abuse Commission states a standard drink in Canada includes one 350 ml (12 oz.) bottle of beer, or one 150 ml (5 oz.) glass of wine, or one 50 ml (1.5 oz.) shot of alcohol.

Drug Awareness Week provides "an opportunity to colaborate as a community and talk as a community about issues of substance abuse," said Medulun.

Misuse of prescription and over-the-counter drugs can cause mental or physical injury to the user, especially when mixed with alcohol. It is important to follow directions closely. A list of potential side effects is usually included, but the ARF recommends you consult your physician when taking two or more drugs at one time. Also check into certain activities that may be affected while taking the drugs, such as driving. ARF suggests that you also read the medicine's list of ingredients.

Overuse of drugs in order to attain the pleasureable aspects it creates may lead to a dependency problem, says ARF. A problem may also develop if a person feels that he or she cannot cope without the drug.

ARF states a dependency is caused when a person has "a compelling emotional need for periodic or continuous use (of a drug), and feels lost or desperate without it."

Drug use by pregnant women can seriously harm the child. Reports indicate that the baby is at the highest risk of harm during the first three months of pregnancy. However, tobacco and alcohol should be avoided for the duration of the pregnancy.

To contact drug or alcohol treatment centres, check your local yellow pages.

Table 1: Recommended Limits for Low Risk Drinking

Source	Drinks/ Day	Drinks/ Occasion	Drinks/ Week
Health & Welfare Canada (Canada Food Guide, 1992)	1	4	7 to 14
Sanchez-Craig (ARF, 1986)		4	12
U.S. Health & Human Services/ Agriculture (NIAAA, 1992)*	1 (women) 2 (men)		7 (women) 14 (men)
American Heart Association (1988)*	2 to 4		14 to 24
Australia** (Hawks, 1989)	2 (women) 4 (men)		14 (women) 28 (men)

* U.S. standard drink
** Australian standard drink

Reproduced courtesy Addiction Research Foundation

Calendar of events

Nov. 15 — Kick-off breakfast at Parkway Inn, St. Catharines, with cartoonist Ben Wicks, 7:30 a.m., cost $10.

Nov. 17 — Open house, Alcohol and Drug Treatment Centre, 4 Queen St., St. Catharines, 1 p.m. to 4 p.m.

Nov. 18 — Youth Action Program Orientation, St. Catharines Public Library, 9 a.m. to 10:30 a.m.

Nov. 18 — Mocktails at the mall, Pen Centre, learn to make alcohol-free cocktails, 11:30 a.m. to 7:30 p.m.

Nov. 19 — Driving While Impaired (DWI) seminar at Niagara College, for Law and Security program students only, 1:30 p.m. to 3:30 p.m.

Nov. 20 — Drug Awareness Dinner Dance, Grantham Lion's Hall, St. Catharines, cost $10, contact Bill Craine 682-0349

QUESTIONS
that only YOU can answer

		Yes	No
1.	Do you ever lie about how much you have to drink?	( )	( )
2.	Do you sometimes drink enough to get high when you are alone?	( )	( )
3.	Do you ever have arguments (or "discussions") with any members of your family about your drinking?	( )	( )
4.	Do you usually want a drink when you are angry, frustrated or otherwise uptight?	( )	( )
5.	Have you ever decided to stop drinking entirely for a specific period of time and then not keep your promise (to yourself or others)?	( )	( )
6.	Do you ever sneak an extra drink at a party or make it stronger, so that others don't know?	( )	( )
7.	Do you sometimes drink to build your self-confidence?	( )	( )
8.	Are you drinking more, more often than you did five years ago?	( )	( )
9.	Do you often have a drink before going to a party where you know that drinks will be served?	( )	( )
10.	Do you tend to think of people that don't drink at all as being stuffy or boring?	( )	( )
11.	Do you think it would be difficult to enjoy life if you could never have another drink?	( )	( )
12.	Do you ever drink because you just can't stop worrying?	( )	( )
13.	Do you try to get someone to buy liquor for you because you are ashamed to buy it for yourself?	( )	( )
14.	Do you plan in advance to "reward" yourself with a little drinking bout after you have worked very hard around the house?	( )	( )
15.	Do you have blackouts ... periods about which you remember nothing?	( )	( )
16.	Are you often permissive with your children because you feel guilty about the way you behaved when you were drinking?	( )	( )
17.	Do you feel wittier and more charming when you are drinking?	( )	( )
18.	Do you invent social occasions for drinking?	( )	( )
19.	Do you become irritated when unexpected company reduces your liquor supply?	( )	( )
20.	Do you drink when under pressure or after an argument?	( )	( )
21.	Do you drive even though you have been drinking, but feel certain you are in complete control of yourself?	( )	( )
22.	Have you used drugs other than those required for medical reasons?	( )	( )
23.	Have you abused prescription drugs?	( )	( )
24.	Can you get through the week without using drugs?	( )	( )
25.	Have you had "blackouts" or "flashbacks" as a result of using drugs?	( )	( )
26.	Does your spouse (or parents) ever complain about your involvement with drugs?	( )	( )
27.	Have you neglected your family because of drug abuse?	( )	( )
28.	Have you been in trouble at work because of drug abuse?	( )	( )
29.	Have you been in fights when under the influence of drugs?	( )	( )
30.	Have you engaged in illegal activities in order to obtain drugs?	( )	( )
31.	Have you had medical problems are a result of your drug use (eg. memory loss, hepatitis, convulsions, bleeding)?	( )	( )
32.	Have you lost a job because of drug abuse?	( )	( )
33.	Have you experienced withdrawal symptoms (felt sick) when you stopped taking drugs?	( )	( )

Reproduced courtesy Hotel Dieu

Answering Yes to at least four or five questions indicates that you may be at risk of developing an addiction problem

College gets lesson in environmental clean-up

By TODD L'ECUYER
Staff Writer

The St. Catharines campus of Niagara College played host to what looked like a Star Trek convention, but looks can be deceiving.

Ted Olsen and Rick Hansen, from Levitt-Safety Limited in Toronto, were at the St. Catharines campus to demonstrate some of their company's environmental clean-up equipment. The demonstration was viewed by about 65 students of the college's Waste Management Co-ordinator, Environmental Health and Safety programs and related post-diploma programs.

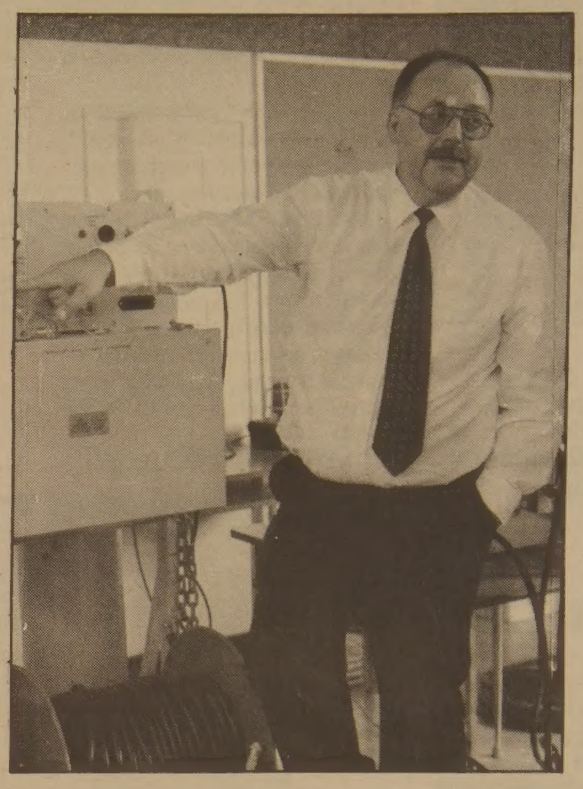
A line of tables were set up displaying various types of equipment. Olsen, sales supervisor, and Hansen, Ontario zone manager, were on hand to answer any questions from the students.

The company's main attraction was a fire proof space suit. A handful of students were given the chance to try on and walk around in the large awkward looking silver suit. The suit works with a face mask and two large oxygen tanks that are used for breathing in a dangerous situation.

Many of the students who tried on the suit came out dripping with sweat. It's "hot," said Bill Calder, 40, an Environmental Health and Safety program student.

Pamphlets and other forms of information were made available to those interested in finding out more about the company.

To boldly go where no man has gone before in environmentally designed safety equipment, such as a fire-proof space suit



Rick Hansen (middle top), Ontario zone manager of Levitt Safety Limited of Oakville, explains how a piece of equipment works, while Bill Calder, 40, (above) an Environmental Health and Safety program student, tries on safety gear. Two photos show unidentified students demonstrating the company's environmental clean-up equipment.

Photos by Todd L'Ecuyer

Opinion

Future of wetlands an environmental concern

By DONNA DOLYNSKY
Staff Writer

It's a crying shame when mankind finds itself in opposition of nature.

The existence of class No. 1 wetlands in Ontario is becoming quite a struggle to protect and preserve. More than 75 per cent of southern Ontario's wetlands have vanished because of development. Construction of new highways, suburbs, tourist locations and continuous growth of man's interference in these natural environments are steadily eliminating hectares of breeding grounds for many unique plant and wildlife species.

An open-forum meeting in the Town of Lincoln on Sept. 21 gave environmentalists an opportunity to be heard. The meeting also provided platform for the Ontario Ministry of Transportation (MTO), and about 100 concerned town's people, including a longtime marina owner who fears the loss for opportunity for a thriving business. They all share one thing in common, reconstruction of a bridge running along the QEW through Jordan Harbor.

Their issue of disagreement is focused on the design for the restructure of this bridge.

The MTO presented an outline for the new structure to be raised to 2.75 metres from the existing height of 1.6 metres as was requested in a proposal by the federal government. Plans to widen the QEW are set and work is slated for the next five years.

This proposal will have a negative impact on the last of southern Ontario's wetlands. The Ontario government will consider boating restrictions to control water traffic and a policy for land control to restrict development around the harbor area, said Linda Barbetti of the MTO.

Environmentalists claim any added unnatural movement of water, oils and pollutants will result in destruction for many rare organisms plant and animal life as well as frighten off nesting birds and ducks which presently exist in the harbor.

Don Campbell, longtime owner of Campbell's Marina in Jordan Harbor, and many of the town's people raised their concern for the potential business any such restrictions will inhibit. He, along with millions of other Canadians, feel the crunch of hard economic times. If the quantity of boaters who have access into the harbor are limited, the number of customers will also be limited. Is the government stomping on property owners' rights by restricting growth of business?

Barbetti said the town's people have quite an array of mixed reactions. "Some of the people are concerned about protecting the wetland's for future generations to enjoy," she said, adding others feel strongly about their individual purposes for development in the Jordan Harbor area. The decision about the height of the bridge has not officially been made yet.

To build a raised bridge without restrictions would certainly boost Campbell's business, as well as provide an opportunity for new businesses in the harbor location.

The price to pay is a costly one, no matter how this dilemma concludes. Rare species will never be retrieved once they become extict. Reckless actions and unthought-out planning could unconsciously eliminate valuable properties of nature.

But, try standing in the shoes of those who realize tadpoles, urns and dragonflies cannot feed their families. One has to wonder who will be titled the "survivor."

Priority lies in the eyes of the beholder.

Students brave Niagara River

Chris Shah, tour guide for Whirlpool Jet and social convenor at the Hospitality and Tourism Centre, informs and reassures students from the centre as they approach the rapids.
Photo by Diana Berardi

By DIANA BERARDI
Staff Writer

There's a second time for everything.

Dave Munday successfully conquered Niagara Falls for the second time, while students at the Hospitality and Tourism Centre in Niagara Falls overcame the forces of another natural wonder for the second year.

Students at the centre braved the waters of the Niagara River aboard Niagara's newest attraction, the Whirlpool Jet ride recently.

"It was wild," said Sherry Haines, 19, a first-year Culinary Skills program student and a first-time jetboater.

These feelings were mutual among a group of 15 students on Sept. 28 who had no qualms about riding the biggest rapids in the world.

"The water was the biggest in four months," said Chris Shah, operations manager at Whirlpool Jet in Niagara-on-the-Lake and social convenor of the Hospitality and Tourism Council.

Shah, who is the guide on the trip, gives the passengers a brief overview of what they are about to experience before they head towards the dock to suit up.

Passengers are provided with wool sweaters, life-jackets, rain suits and wet suit boots. Once all this gear is on they are ready to board the biggest and fastest jetboat of its kind in the world.

This powerful jetboat embarks on an adventure down the Niagara River, under the Queenston-Lewiston bridge and into the Niagara Gorge.

Shah points out the scenery as passengers jet past such sites as Fort Niagara, Fort George, Brock's Monument, Artpark and the Sir Adam Beck and Robert Moses power plants.

Once in the gorge, the water turns into a fury of current known as "Devils Hole." The 1,400 horsepower jetboat climbs the eight to 12-foot waves destined for the Whirlpool Rapids.

At various points along the ride, and only with the encouragement of the passengers the boat is launched into a "Hamilton Turn." This is a 360-degree turn at full speed.

"I feel like a new woman," said Kristine Schoch, 20, a first-year Tourisme-Attraction student after this thrilling experience.

Despite cold and damp weather conditions, Janik Graveline, 18, another first-year Tourisme-Attraction program student summed up the entire ride when she said it was "inoubliable" (unforgettable)!

Counselling tests offer direction

By ANGELA KOTLARZ
Staff Writer

It's not easy to find one's niche in life or to zero in on the career best suited to one's personality.

The testing services available through the Niagara College Counselling Centre in ME103, though, can help give students the direction they may need.

These services provide students with an evaluation of personal characteristics, abilities and interests through the use of standarized tests and include employment testing, apprenticeship placement and grade level assessment.

All services are available to local organizations and members of the community for a fee.

The Myers-Briggs Personality Test and the Career Assessment Inventory are the two tests many students are interested in taking, said Sandi Martin of Niagara College's Testing Services.

The Myers-Briggs Personality Test reports on your preferences on four scales which deal with where you like to focus your attention, the way you look at things, the way you like to go about things and how you deal with the outer world.

There are 16 possible personality types that can be generated from this test and each type tends to have different interests and different values.

The Career Assessment Inventory is based on like and dislike answers related to specific occupations.

Both tests stress they are measures of interests and not abilities and results can help you better understand how your interests fit into the world of work, how your interests compare to those of others and many even point out interest areas you may have never considered.

"Once you take a test it's not the bottom line," said Martin,"and it doesn't mean that's what you have to be but it's often times something to research."

Since the last brochure for the Counselling Centre was developed many testing services have changed

"We used to do a lot of pre-testing for people going into short-term programs, many skilled-training programs sponsored through the Unemployment Centre," she said.

Now there is no longer funding for many of these types of programs, said Martin, so part of the service has, "diminished a fair bit."

The apprenticeship testing is done by request and there are always people looking for an equivalent to grade 12 status for employment purposes, she said.

"We do a lot of equivalency testing but we aren't able to issue a certificate to those taking the equivalency test, we can only send a letter telling what level they are functioning at," said Martin.

Off-campus testing is done for specialty groups in the area.

"A few agencies have pre-employment programs," said Martin, "preparing people with some job search skills, life skills and basic upgrading so I go in and do an assessment for them."

The Counselling Centre also provides services to students who are applying to other colleges and might need some pre-entry testing, she said.

Test packages can be sent to Niagara College, said Martin, and done under supervision and for students living out of the area who can't come here for a test, one can be mailed to a like facility.

"We have a fairly flexible service within the confines we have here at the college," she said.

Although these tests will not provide students with all the answers they will allow students, "to know within a reasonable range the occupations they'd feel comfortable with," said Martin.

'A few agencies have pre-employment programs,' said Sandi Martin, 'preparing people with job search skills, life skills and basic upgrading so I go in and do an assessment for them.'

Student recommends tests

I was given the opportunity to take both the Myers-Briggs Personality Test and the Career Assessment Inventory through the Niagara College Counselling Department. I learned a great deal about myself.

It was determined by both tests that my personality is suited for a career in journalism. I also felt my personality profile from the Myers-Briggs Personality Test was overwhelmingly accurate and I would highly recommend either test to anyone who might be interested.

For further information contact Sandi Martin or Dave Rapelje in ME103.

Lost and found

By SALLY BOND
Staff Writer

I lost my driver's license for a week last year. Not for any traffic violation mind you, I just couldn't find it.

This is not one isolated instance of disorganization, however, this is an ongoing occurrence in my life.

Last Tuesday I remained tight-lipped at school. I had plenty to say, but I couldn't put my finger on my toothbrush that morning.

I spend countless time rummaging through classrooms, desks, and school bags searching for lost binders, pens, and books.

The very inspiration for this column came to me as I was driving back to school one evening to find some lost notes. No small inconvenience, though, considering I live 30 minutes away from the college.

I know it's a little early to be making resolutions, but I've almost reached a crisis.

I pledge to become organized.

I encourage all students who are as disorganized as I am to take this step with me.

I'd start with my locker, but there is no sense in discouraging myself right away.

Now if only I could find my car keys.

Cooking up a feast

By DIANA BERARDI
Staff Writer

The Hospitality and Tourism Centre in Niagara Falls is cooking up a weekend of hot food and international competition.

The International Hot Food Competition, hosted by the centre, the Professional Chefs Association of Niagara and several other sponsors, is scheduled for Nov. 12 to 13.

This comptetition for chefs, cooks and apprentices representing hotels and restaurants in the United States and Canada is being held for the second time since its start in 1991.

"It is an opportunity to centre public and media attention on the changing trends of international cuisine," said Stanley West and Keith Longster, joint chairmen for the competition, in a letter to restaurants in Canada and the United States.

West is also co-ordinator of the culinary programs at the centre in Niagara Falls.

Eight teams are competing in this event. Entrants include local inns such as the Queens Landing and Pillar and Post in Niagara-on-the-Lake, four teams from Toronto and two teams from the United States, said West.

Teams consist of a chef, two chefs de partie and two apprentices.

Judging is based on the team's ability to prepare 24 servings of a five-course meal. "The menu includes an appetizer, soup, salad, main course and dessert," said West.

Teams receive the menu, recipes and judging criteria on Friday, Nov. 12 at 5 p.m. At this time they are also given an opportunity to meet the judges and tour the facilities. On Saturday, Nov. 13 at 8 a.m. the cooking begins.

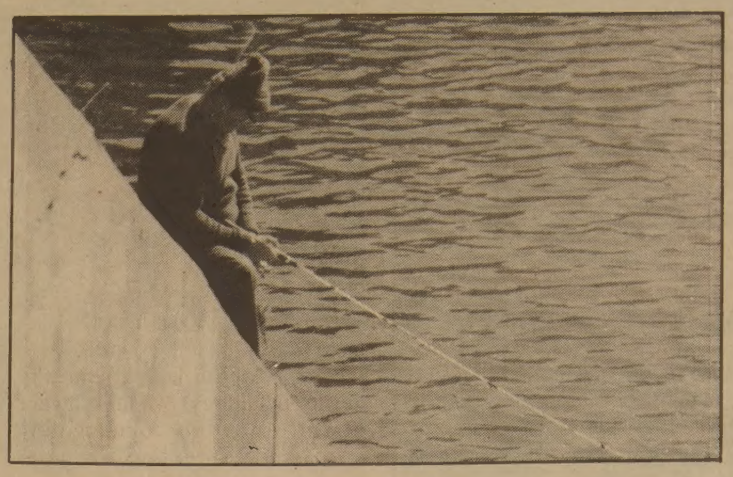
An awards ceremony is held on Saturday night. Gold , silver and bronze medals are awarded to first, second and third place winners. First place also receives an engraved plate on the Grand Trophy on display at the centre. The first-time recipient of this award was a team from the Bristol Place Hotel in Toronto, Ont. on April 6, 1991.

"The focus is on camaraderie, learning and excitement of competition," said West and Longster in their letter.

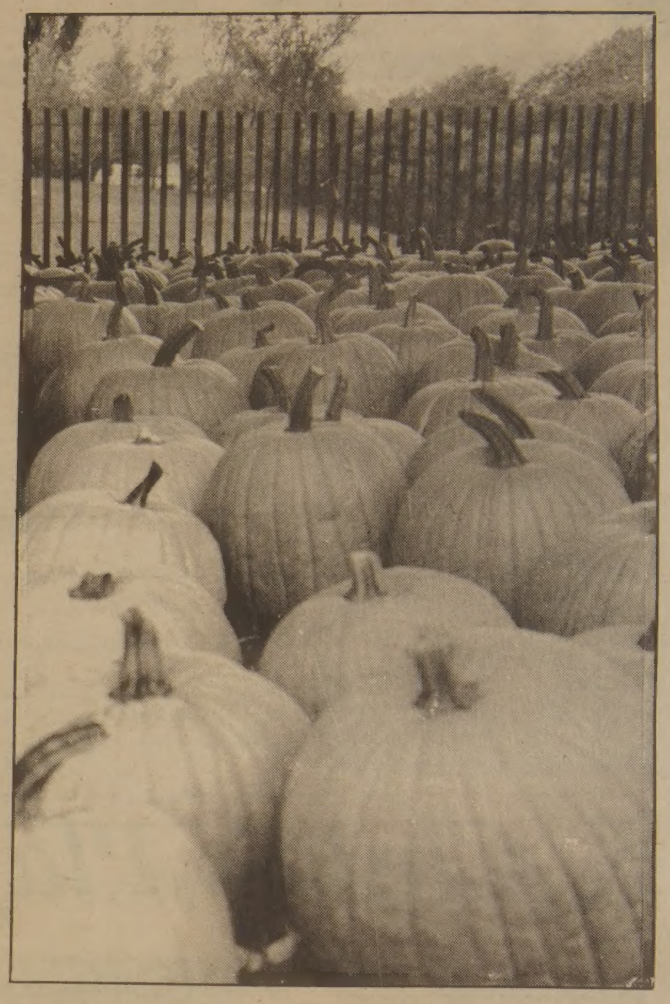
All proceeds from this competition will be used to provide student scholarships and culinary education.

Journalism students capture echoes of fall

Niagara College's second-year Journalism-Print program students are creating some of autumn's most memorable impressions. These photographs were taken in October of this year as a part of a photography assignment. Photos were judged on the strength of the image, the quality of the print and presentation. All photos were donated by the students.



The Fisherman
An unidentified angler waits for the catch of the day at the Welland River behind East Main Street.
Photo by Greg Furminger



Pumpkins, pumpkins, pumpkins!
Photo taken at The Great Pumpkin Patch in Fenwick.
Photo by Amy Neilands

The Power of Water
Photo taken at 12 Mile Creek in St. Catharines.
Photo by Chris Russo

Autumn Wonderland

Two young boys are taking an autumn stroll through Short Hills. The crisp cool air, slightly warmed by the sun is reason enough for a new adventure ahead while surrounded by nature.
Photo by Donna Dolynsky

Haunted

Antique dealer Jim Hageraats peers out the window of his Jordan home where he has heard haunted knocking for several years.
Photo by Peggy Tedder

Cassandra, 4, ponders over what to build on the lego table at the Week of the Child display at the Seaway Mall Oct. 21.

Photo by Robin Green

Barney the dinosaur visited the Early Childhood Centre during the Week of the Child Open House Oct. 20.

Photo by Robin Green

Child's Play at Niagara College

By ROBIN GREEN
Staff Writer

The 14th annual Week of the Child was celebrated from Oct. 16 to 23 with the theme Cherish the Children.

Dedicating a week a year to children was initiated by the Association of Early Childhood Educators of Ontario (A.E.C.E.O), following the International Year of the Child in 1979. The association is an Ontario-wide organization for early childhood professionals and others interested in the early childhood education field. It was founded in 1950 and is an organization concerned with the quality of care and education of young children.

"The Week of the Child is a time within our communities across Ontario when we work on the following objectives: To reflect on the rights and needs of our children, to renew our commitment to improve the quality of opportunities for all children and their families, and to renew how well we care for and educate the future adults, parents, and leaders of Ontario," says an information pamphlet distributed by the A.E.C.E.O.

During the week, the children at the Early Childhood Centre at the Welland campus of Niagara College took part in many activities both on and off campus. A number of activities were planned in honor of the special week. On Oct. 18, the fun began with a kick-off parade, led by the Niagara Knight. The children and adults of the centre marched to recorded band music around campus shaking pom-poms, while the younger children were pushed in brightly-decorated strollers and wagons. The parade ended at the cafeteria in the Black Walnut building, where the children were entertained by the Grade 10 orchestra from Centennial High School in Welland.

"Cherish the Children"

On Oct. 20, the Early Childhood Centre held an open house from 9 a.m. to 5 p.m. The highlight of the day was when Barney, the purple dinosaur, came to the centre to visit the children. Barney met the afternoon children as they stepped off their bus, welcoming them with waves and hugs.

On Oct. 21, the children went to the Seaway Mall to participate in activities at the Week of the Child display put together by the Early Childhood Centre staff. They painted, looked at books, and played while mall patrons stopped by to speak with Early Childhood Centre staff and receive information about the Week of the Child and services available for children in the area.

Oct. 22, the last day of the Week of the Child, was celebrated with a pizza lunch for the children and their parents.

Early Childhood Education student Tamara, 19, watches Allison, 4, put together a puzzle at the Week of the Child display at the Seaway Mall Oct. 21.

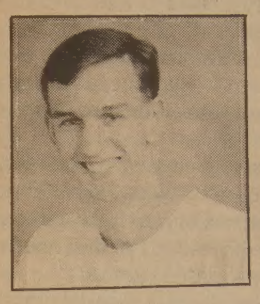
Photo by Robin Green

The Early Childhood Centre kicked off the Week of the Child with a parade on Oct. 18.

Photo by Robin Green

ENTERTAINMENT

Pardon Beggars in search of commercial appeal



By CHARLIE KOSCAK
Staff Writer

A problem faced by many aspiring, original bands is the music made doesn't have enough commercial appeal.

This problem is faced by The Pardon Beggars. The Toronto-based band just released their debut album titled "*Golly, gee . . . shucks*."

Featuring the voice of Trevor Hutchinson, this independently-recorded CD is extremely well produced.

At the risk of calling The Pardon Beggars copy cats - which they are not, this album is very fresh - the Beggars sound like the Crash Test Dummies' first album, only better. Hutchinson's lead vocals with support vocals by Robin Wark sound similar to the Dummies' Brad Roberts and Ellen Reid.

This folk/rock group, with a little jazz (check out *The Duke Speaks*), has the potential to become as popular as the Barenaked Ladies. But as I mentioned earlier, some bands don't have enough commercial appeal.

The Beggars begin with a bang with *Big Words* and finish with the sort-of psychedelic *To Absent Friends* with few dull spots in between. However, I honestly don't believe that large amounts of people will believe the Beggars' kind of music is more than good barroom entertainment you can drink to.

The music is upbeat and, if you didn't listen to the lyrics, puts one in a good mood. The lyrics of some songs are rather depressing though. Hutchinson, who wrote all the lyrics, seems to be on the verge of suicide if it were not for the other musicians compensating.

Only a few songs have depressing lyrics, but it's a moot point if you want to dance and party the night away with The Pardon Beggars.

Easily accessible and fun. Check this album out.

Some hot spots include: *Big Words, Lighten Up Francis, The Promise*, and *To Absent Friends*.

Brooklyn hard-core at its finest

By TODD L'ECUYER
Staff Writer

If you're into New York hard core, you'll love the new Biohazard release, "Urban Discipline."

This is one of the best CDs I've had grace my player in the last little while. This is die-hard Brooklyn hard-core at its finest, it's non-stop audio aggression. If you're thinking of picking up something that moves a step beyond heavy music consider this.

Street attitude and hard experience prove to be the dominant theme. After listening to the lyrics, you thank God you're not a New York City resident. To open your eyes to how hard just staying alive can be check out Wrong Side of the Tracks.

Shades of Grey is the first single from Urban Discipline. This track alone makes the CD worth the purchase price. Some of my personal favorites are Black and White and Red All Over, a song that speaks out against facism. And Business, a song that holds no punches, attacks the music industry.

This is a great release. I'll recommend this to those who like very aggressive heavy music. On the other hand, if you think Pearl Jam is too heavy, don't buy this.

Toronto band 'unique'

By NOREEN BOND
Staff Writer

An unusual type of music.

Are you tired of hearing the same old music? Are you looking for a new style? Then this one's for you. The Shadowy Men On A Shadowy Planet are a Toronto-based band with a unique style.

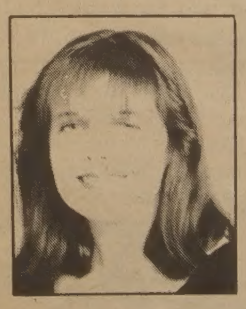
The guys play instrumental music, but it's not what you're thinking. Usually when you hear the word instrumental, names like Beethoven and Mozart come to mind. The Shadowies don't play your usual common elevator music.

Reid Diamond, Brian Connelly and Don Pyle make up the trio. The guys, who have changed instrumental music, are best known for their work on The Kids In The Hall, a Toronto-based comedy TV show. The trio created the theme song Having An Average Weekend. The song is their best known hit.

The trio have released three albums. The first is entitled Dim The Lights, Chill The Ham, which includes such songs as In My Room, and Five American, Six Canadian. The second album is Savvy Show Stoppers, an album of their greatest hits including Having An Average Weekend, and Spin Me Around '86. The most recent album, Sport Fishin', was released earlier this year. Some songs off the album are Three Piece Suit, Honey, You're Wastin' Ammo and What I Like About Grease.

I would recommend this album.

Scottish reissue tops charts



By NOREEN BOND
Staff Writer

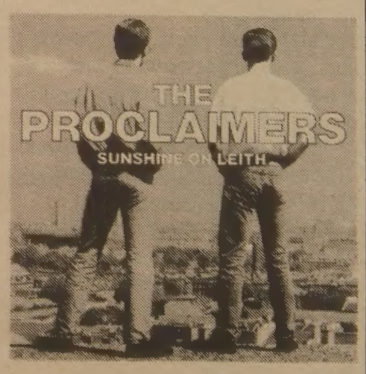
"I would walk 500 miles."

Scottish twins Craig and Charlie Reid, better known as The Proclaimers, are topping the charts with the re-release of their 1988 album Sunshine On Leith. Their No. 1 hit I'm Gonna Be (500 Miles) was featured earlier this year in the movie Benny and Joon. The twins, who are known for their great alternative style, are having a second chance at stardom. The song was a hit when first released five years ago.

Because Benny and Joon was such a great hit at the box office, the song boosted The Proclaimers' popularity. Their second release off the album is called I'm On My Way. The song expresses how a lonely person is going to turn life around in the future. As the song says, "I'm on my way from misery to happiness today." Other songs from the album include Cap In Hand, Oh Jean, and the title track Sunshine On Leith.

The Proclaimers have released again their other album, This Is The Story, first out in 1987. Although the guys are known more for Sunshine On Leith, this album has some great songs. This Is The Story includes such songs as Letter From America, one of their more catchy tunes, as well as Throw The 'R Away and Misty Blue.

I would recommend Sunshine On Leith as well as This Is The Story. If you like alternative music, then these are the albums for you. Craig and Charlie are great vocalists. You're sure to like what you hear.



'But I would walk 500 miles

And I would walk 500 more

Just to be the man

Who walked a 1,000 miles

To fall down at your door'

Future looks bright for Voodoo Machine

By TODD L'ECUYER
Staff Writer

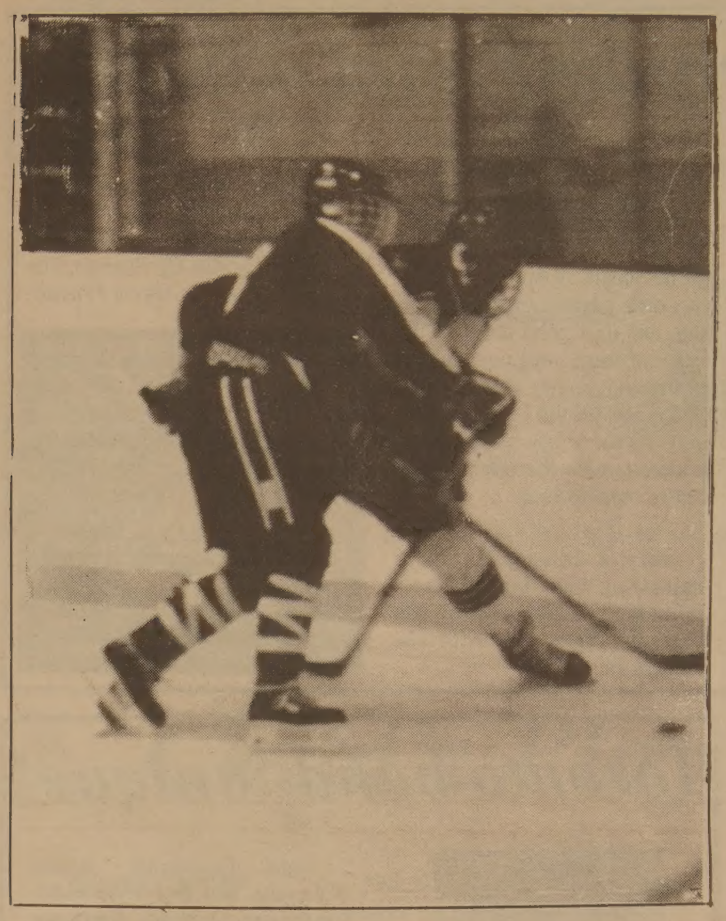
Take the raw energy of C.O.C, mix it with some well placed samples and you would probably end up with something that sounds like Monster Voodoo Machine.

The Toronto-based band has released a seven-song EP that is sure to find a home in the collection of hard-core lovers. This release is a slow-driving taste of things to come for the band. I'm sure a major deal isn't far off.

The only thing I don't like about the self-titled EP is the Chris Sheppard re-mix of the song Bastard Child. I can't make heads or tails of his warped-tecnho dream.

Over all, this is a good release. It makes a statement about the band's state of mind. Judging by the inside sleeve credits, it seems that there is a real working bond within the band. There is no doubt the future looks bright for Monster Voodoo Machine.

SPORTS



In your face Conestoga

A Niagara Knights defenceman runs a Conestoga College forward into the boards at Welland Arena. The Knights played Conestoga twice recently in exhibition play losing 9-0 away and 4-3 at home.

Photo by Stuart McDonald

Knights place second in tournament

By LEANN MCHUTCHION
Staff Writer

The Niagara Knights men's basketball team was defeated by the Loyalist Lancers in exhibition play Oct. 30 in Niagara College's Invitational men's basketball tournament.

In the first game of the tournament, the Knights downed the Centennial Colts by a score of 83-72.

Kim Henry of the Colts was lead scorer of the game with 25 points, 17 points in the second half. Lead scorer for Niagara was Paul Grummett with 21 points.

The Loyalist Lancers took on the George Brown Huskies in game two of the tournament. The Lancers defeated the Huskies by a score of 84-67 putting the Lancer's into the final game of the tournament.

The Huskies eliminated the Colts in the third round gathering 102 points to beat the Centennial team who finished with 83 points.

Raefer Parray, with 33 points for the day, and Kim Henry, with 41 points, combined to score almost half of Centennial College's 155 points.

In the tournament's final game, the Niagara Knights took on the Loyalist Lancers and were defeated by a score of 79-61, making the Lancers champions.

Niagara College placed second in the tournament followed by George Brown College which was declared consolation winner for their defeat of the Colts.

Paul Grummett of the Knights scored a combined total of 35 points in the tournament followed by Rick Sinclair with 32 points, and Frank Keltos with 23 points.

The Knights take on Lambton College in Sarnia Nov. 12 at 7 p.m., and St. Clair, in Windsor Nov. 18 at 1 p.m.

Brawl lands hockey team $500 fine

By STUART MCDONALD
Staff Writer

The Niagara Knights hockey team was fined $500 and had four players and the head coach suspended in a 9-0 exhibition game loss on Oct. 20.

The Knights rebounded strongly three days later at the Welland Arena, losing 4-3 to Conestoga College of Kitchener in the college's third and final exhibition game.

The 9-0 road game loss to Conestoga College was marred by a bench-clearing brawl that cost the Knights $500 for having the first player on either team leave the bench to join the fight.

Fred Bassi, Niagara's coach, received an automatic two-game suspension for coaching the offending team and Scott Punnett was suspended for 25 per cent of his team's regular season games for being the first player to leave the bench. Punnett's suspension is for six games.

Chris Bradnam, Chris Duerden and Steve Andrews were each suspended for two games for joining the brawl, which started because of a fight between Jason Harris and a Conestoga player. Two Conestoga players were also suspended.

The incident was caused in part by players having to wear the full face-mask this year, said Bassi. The full face-mask leads to careless stick-work and a checking-from-behind penalty, which is stringently enforced to combat the stick-work, he said.

"I felt the referee was a little inconsistent and it caused people to either hit from behind or retaliate," he said.

"There might have been two or three incidents in my Niagara College career where there have been brawls like that," said Bassi, who has coached hockey at Niagara for 24 years. "They have all involved the full face-mask.

"But I do think we deserve suspensions," he added. "A few of the players on the team overreacted. But I don't think we deserved as many as we got. Hopefully it will make the team concentrate on hockey."

Bradnam blamed the 9-0 loss on a bigger ice surface in Kitchener and too many Niagara penalties. "The rink is very big up there and we more or less played shorthanded for all three periods."

It was a different story for Niagara College at their home game in Welland on Oct. 23. The Knights were leading 1-0 for the first half of the game on a goal by Pete Lachance. A shorthanded goal by Conestoga led to a three-goal second period for them with only Mike Emond replying for Niagara.

The teams traded goals in the third period making the final 4-3 for the visitors. Mark Masotti scored the third-period Niagara goal on a power play.

Bassi said he was pleased with the team's effort in the 4-3 loss because Niagara had only 13 of their 23 players in the line-up.

"I think we played more as a team tonight (Saturday). The team was quieter. They didn't mouth off to the referees. The guys that played *tonight played two games in one* because we were short of players. They're starting to get their confidence and our next game will be our best one so far," said Bassi.

The next game marks the beginning of the Ontario Colleges Athletics Association regular season. The Knights play in the Costello Division with Conestoga, Sudbury's Cambrian College and Toronto's Seneca College.

They also play teams from the Parker Division, which includes Ottawa's Algonquin College, Brockville's St. Lawrence College and two Sir Sanford Fleming College teams from the Lindsay and Peterborough campuses.

Two teams from each division make the playoffs and they meet in Kitchener for the Final Four tournament in March to decide the OCAA champion.

Niagara's next home game is at the Welland Arena against Lindsay on Saturday, Nov. 6. Admission is free.

V-Ball team ready

By FRANK SERRA
Staff Writer

The Niagara College men's volleyball team recently competed in two exhibition tournaments in preparation for their upcoming season.

The Knights travelled to Sheridan College in Oakville on Oct. 16. The team got off to a slow start, losing their first two games to the host Sheridan. Niagara settled down to split games with Humber and Loyalist before beating Seneca College two straight. Offensive standouts were Eric Vanhuizen, Jim Konrad and Brent Roszell.

"Don Shantz did a good job of setting throughout the tournament," said head coach Ray Sarkis.

Contributions came off the bench with good performances by Alan Belanger, Rich Holman and Doug Holman.

On Oct. 23, the Knights played in a three-team tournament at Redeemer College with great success.

Niagara beat George Brown College from Division 2 in three straight games.

"We have good experience and a good bench to back us up," Luke Ashton, first-year student, said. The Knights took a 2-0 games lead before allowing Reedmer to tie the series and force a game five. Game five saw Niagara thrash Redeemer 15-1 and win the tournament.

"Brian Dunn showed that he's going to be strong going into the season," Sarkis said. The Knights got powerful hitting from Jim Konrad and Eric Vanhuizen in this last exhibition tournament.

The first league game was Wednesday at George Brown College in Toronto.

"I think we're ready. We're playing a much weaker team and I'll find out if we have that killer instinct that you need to win," Sarkis said.

The next home game is Nov. 18 against Redeemer College.

Hergert heads sports panel

By FRANK SERRA
Staff Writer

On Nov. 17, Niagara Region residents will have an opportunity to listen and participate in a lively and timely discussion on the topic — 'Let the Kids Play the Game.'

The event will take place at White Oaks Inn and Racquet Club at Glendale Avenue and Q.E.W. in Niagara-on-the-Lake. Registration is from 6 p.m. to 7 p.m., followed by two hours of discussion. The fee is $7 at the door or $5 for pre-registration, payable to the St. Catharines or Niagara Falls Parks and Recreation Departments.

Five panel members will attend. Teresa Hergert from TSN will moderate the panel, which includes: Andy Higgins, University of Toronto's track and field coach; Ann Peel, Olympic athlete and now sports activist lawyer; Geoff Gowan, president of the Coaching Association of Canada; Faye Blackwood, former Commonwealth Games athlete and now Ontario coach for the disabled, and Anna Fraser-Sproule, former Olympic athlete and now CBC broadcaster.

Each panel member will elaborate on such topics as fair play, equity and access to sports, recreational value of playing the game, special needs considerations, parental behavior and influence on the child, the coaches' behavior and influence on the child and the athlete's rights.

For further information contact: Ken Leppard, chairperson, Region of Niagara Sports Initiative Commission, at (905) 687-4324.

Take 'Essentials' before dropping out

By ANGELA KOTLARZ
Staff Writer

If the pressures of school are too much to bare, then maybe the College Essentials Program is the program for you.

It's been traditional in most colleges and universities that in the middle of October a number of students either quit or are defeated by the process and just coast until Christmas expecting a new start in January, said Brian Keppy, co-ordinator of General Education at Niagara College.

"In the past, it was easier to say just drop the courses you're going to flunk so that it doesn't appear on your transcript," he said.

However, over the years more and more students are using the Ontario Student Assistance Program (OSAP) and a requirement of OSAP is that a student be full-time, so by dropping courses and dropping below that full-time level, students end up losing their OSAP.

"We needed a vehicle to keep them (students) full-time so that they didn't have to just coast, and it was our experience that generally students are having language difficulty and many have problems learning how to be students," said Keppy.

They didn't learn the basic student skills they needed in high school, he said, and they come here and find they're overwhelmed at the volume of material they have to do and at the idea of being so independent.

As a result of this, it was decided Niagara would offer GENS 109, the College Success course, that basically teaches students how to be students. It was also decided to make available an upgrading English and a repeated English 100.

The main thrust of College Essentials is to allow a student to drop courses they are failing, keep the courses they are doing well in, pick up the upgrading for English or language, and to also pick up the skills to be a better student, Keppy said.

The secondary thrust is there are those people in the community who want to come back to school, but have been out of school for so long they are apprehensive and not quite sure how to fit back in, he said.

In connection with January starts, "we're seeing more and more January starts," said Keppy, adding it is possible for students to come and take the College Essentials program.

This allows students to come in late, take an English and to take the GENS 109 to learn how to be a student, "so they're off and running for January instead of going through all of the commotion in January," he said.

Last year, the College Essentials Program was referred to as the October Plan, being the first year it was offered, but now the intention, said Keppy, is that the college will operate the program in October, and may offer it again in February, and possibly even in the May/June period during the summer.

"Instead of having the traditional September start and run through the school year, Niagara College is starting to say we've got a September start, we've got a January start and we've got a May/June start," said Keppy.

It was difficult to track the success rate last year, said Keppy, but on the whole students who enrolled in the College Essentials program were "students clearly intending to quit" and with the exception of two students everyone enrolled came back in January as a full-time student.

It is, however, up to the student to decide whether the program is appropriate. "It's not up to us to say 'you take this'," he said.

If you have any questions about the College Essentials program or require further information, contact Brian Keppy in S210D.

A moment of silence

By AIMEE PHILIPPE
Staff Writer

On Nov. 11, lest we forget the men and women who fought and died for our country, Canadians should bow their heads in respect and give a moment of silence for these brave soldiers.

Until Nov. 11, Canadians can wear a poppy and pay respect for the thousands of soldiers who now lie in Flander's Field in France, and in veterans' cemeteries in Europe and Canada.

The Royal Canadian Legion, Branch 613, Highway 20, Fonthill, is having a Remembrance Day Service at the Fonthill Cenotaph on Nov. 11 at 10:45 a.m.

The Royal Canadian Legion, Branch 4, Welland, is having a Remembrance church parade Nov. 7 at 10 a.m. at St. David's Anglican Church, Thorold Road, Welland and will join with Branch 558 for a Remembrance Day parade starting at the Welland Plaza, Fitch Street finishing at the Chippawa Cenotaph. Form-up starts at 1:15 p.m with the march at 1:30 p.m. Branch 4 will be host for a reception afterwards.

A service at Sunset Haven will be conducted by Branch 4 and Branch 558 on Nov. 9 at 1:30 p.m. All veterans are welcome.

A day in the life...

By JOHN BELL
Staff Writer

For a long time people jumped on my back for making politically incorrect jokes or doing politically incorrect things, so this past summer I decided to appease the masses and try being politically correct for a day. This is my story:

I woke up and headed for the shower. As I turned on the taps, I remembered that our city's water supply is taken from ancient native fishing waters, so a shower was out of the picture. Groggy and smelly, I reached for the deodorant, but failed to take into consideration whether this product was good for the environment or tested on animals. For fear of destroying the planet, I declined deodorant.

As I entered the kitchen, I realized that a cry for animal rights had to be made somewhere, and what better place than in my kitchen? The bacon and eggs in my fridge were a result of the mistreatment of animals that, in my opinion, should be able to run free, vote and take out a loan.

When I arrived at my workplace, Burger King, I realized that cows had rights, too, so I staged a sit-in right in the middle of the dining area despite jeers and snickers from my co-workers. Whenever a customer came in, I made sure to holler as annoyingly and loudly as possible, as to draw as much attention to myself as possible. Even though I didn't have the foggiest clue what I was hollering about, I felt important.

After being escorted out by police, I waited for a bus to take me home. When I saw the diesel-sucking pile of metal pull up, blowing smoke everywhere breathable, I felt it was my duty to walk home. This was not pleasureable, as I removed my shoes fearing that the soles were taken from some innocent gum tree in a rainforest in some South American country by an underpaid farmer.

The walk home, though, was very culturally stimulating. I joined a black pride parade, payed my respects to Ghandi at a special Indian gathering, wiggled through Chinatown and bought a pastry at a Danish bakery.

When I got home and layed out in the backyard to sleep, I stared at the stars and hummed Kumbaya, all the while thinking that the day had been worth it. Even though I smelled, and my feet had many blisters on them, I had, in my own little way, helped out the earth and all of its inhabitants, regardless of color, race or species. I realized that being politically correct was redeeming as well as important to the peaceful co-existence of humans.

I then woke up shivering, ran inside and curled up in a bear skin rug in front of the bright, warm fireplace. What was I thinking before? This was as politically correct as I was gunna get.

SAC president 'dwarfed' at bash

Snow White, SAC President Kristen Sorensen, is all smiles as she is comforted by her dwarfs at last Tuesday's Halloween pub held in After Hours. It was the first evening event at the student centre in over a year.

Photo by Greg Furminger

Niagara Speaks

What do you think of the Bloc Quebecois being Canada's official opposition party?

TAMMY VERBURG

"It's often good to have a really strong opposing party. It creates a good median."

Tammy Verburg, 21, first-year Ambulance program student.

PAUL LANGLOIS

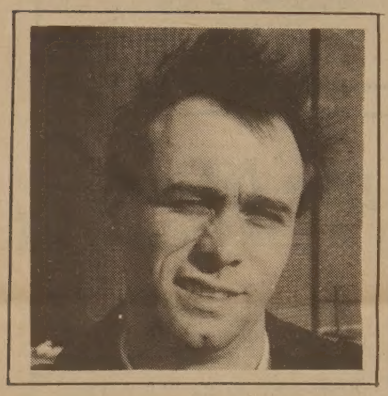
"It sounds like a good idea, but it will weaken Canada. Quebec is trying to overpower the rest of Canada."

Paul Langlois, 21, first-year General College program student.

ROSE FALA

"I don't really care. This country was joined together for a reason. If it is separated, it goes against all the principles that Canada stands for."

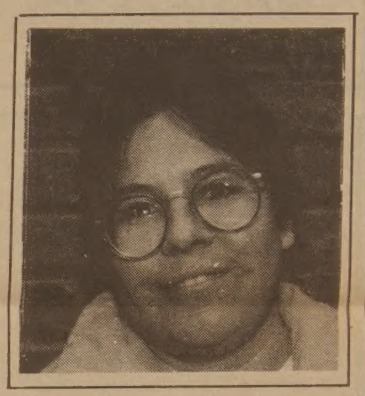
Rose Fala, 19, first-year Human Relations program studer



SHANE NEAL

"I don't know if it'll be much good because Chretien is french and Quebec will get whatever they want. It's not going to change."

Shane Neal, 23, first-year Broadcast program student.



SHIRLEY JOSHUA

"I'm a little hesitant, and not too sure that having the Bloc as the official opposition party will be a good thing."

Shirley Joshua, 37, first-year General College program student.

Niagara Speaks comes from the files of John Bell and Tom Brank. Sorry if we missed you.

Innovative interiors for AIDS

By SALLY BOND
Staff Writer

A feast for the eyes awaits all those who enter the door at 4 Adam St. in St. Catharines.

Area designers have come together under one roof as part of the Designer Showcase '93 for AIDS Niagara.

In a home willed to the Hotel Dieu Hospital, 15 rooms have been transformed from ordinary to innovative by local decorating businesses that include Nettle Creek, McNamara & Reynolds, Doucet Design, and Dean Pilkington Interiors.

Marnie Hogg, Designer Showcase manager and a volunteer with AIDS Niagara, says "every room is an experience."

The living room, designed by Joseph R. Maskery for the Welland-based business Window Decor/Accent on Decor, includes random stenciling on the walls, lighted fabric columns, and a framed Michaelangelo print suspended from the ceiling.

Admission costs are $7 for adults and $5 for seniors and students.

Hogg said she is hopeful that proceeds from the ticket sales will raise at least $10,000 for AIDS Niagara.

So far, the "traffic flow has been fairly steady" with some visitors returning for a second look, she said.

After the home closes to the public on Nov. 13, all furniture will either be sold or returned to the decorators. The home will then become a women's detoxification centre for the hospital.

AIDS Niagara is a St. Catharines-based organization which provides counselling for AIDS patients and their families.

The Designer Showcase '93 is open seven days a week from 11:30 a.m. until 7:30 p.m.

CANCER INFORMATION SERVICE
CALL
1-800-263-6718

REMINDER
Grad Photos
will be taken in
Tecumseh Lounge
Nov. 8-17

For more info see DONNA in SAC office

Eat your meat and stomp your feet

Tickets are now on sale for the Christmas semi-formal presented by the Student Administrative Council.

Cost of the event is $25 a person or $45 a couple and includes dinner and dance. Festivities will be held at the Niagara Falls Golf Club.

Tickets and further information can be obtained at the SAC office located in After Hours.

Happy Birthday Carole

Roy xoxo

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MENS BASKETBALL

Left to Right: Back Row - Merv Wrighton, Paul Grummett, Frank Keltos, Cam Bell, Mark Lloyd, Rick Sinclair
Front Row - John Nicholson, Mike Fortin, Dan MacNab, Cool Breen, Shelley Doncaster, Ernie Peters
Absent - Todd Stevens - head coach
NEXT Friday, December 3
HOME GAME: Lampton at Niagara
COACHES CORNER: " We are looking at .500. There's a lot of stronger and bigger teams than us. What we are looking to do is out run them, try to get them tired. Try to even it out, their size, our speed."

Merv Wrighton, assistant coach

MENS VOLLEYBALL

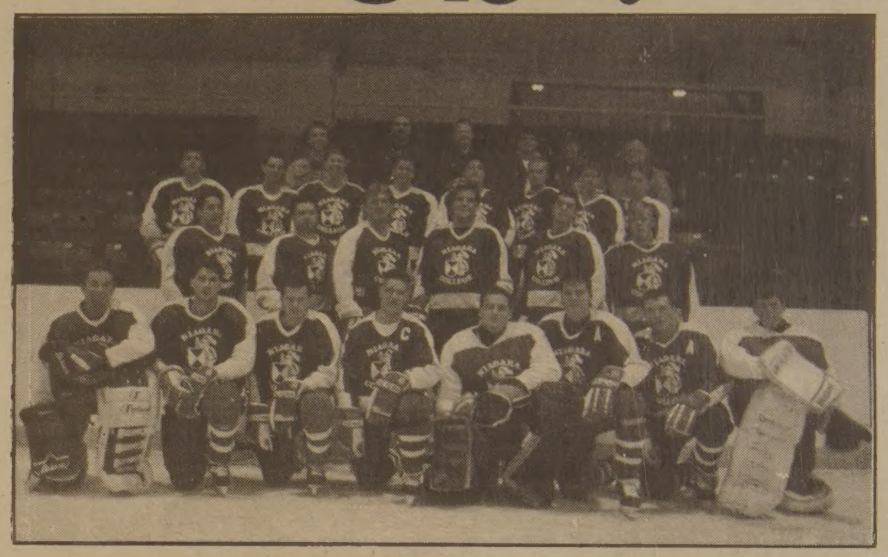
Left to Right: Back Row - Eric Vanhuizer, Brian Dunn, Luke Ashtor, Franz Schuster, Brent Rozzell
Front Row - Jim Konard, Blaine Prestor, Doug Holman, Rick Holman, Alain Belanger
Absent: Donald Sthantz, Brian Dekker
NEXT Thursday, November 18
HOME GAME: Redeemer at Niagara
COACHES CORNER: " I feel our chances are very good this year with six returning players on the roster and an addition of three very experienced players that we have this year. We are shooting for number one - to finish first in division two."

Ray Sarkis, coach

Badminton: Playoffs start February 10 in Toronto.
Curling: Playoffs start February 4 at Ridgetown.
Football: Won GOLD at the OCAA finals.
Golf: Played OCAA Champion ships at Peterborough.
Soccer: Playoffs start March 11 at Kitchener.

Come and see us at the **Mackenzie**

Complex and the **Welland Arena**!



HOCKEY

Left to Right: 1st Row - M. Tatarka, M. Masotti, J. Buote, P. Skuta R. LeMaitre, M. Matier, P. Lachance, D. Boulton, 2nd Row - M Emond, J. Anger, S. Punnett, J.Harris, B. Essery, L. Johnston 3rd Row - C. Bradnam, D. Crane, M. Kaye, J. Covelli, C. Duerden, L. Hale, J. Hogan, S. Andrews 4th Row D. McSpadden, F. Bassi, J. Beattie, J Ward, J. Raymond, G. McPherson Absent: C. Guntee
NEXT Saturday, November 6
HOME GAME: Fleming (Lindsey) at Niagara
COACHES CORNER: "The team this year looks like it'll be a competative one. We have many players that hold their own in this league. We're in a tough division, the top 3 teams make playoffs and we hope to be one of them." Fred Bassi, coach

WOMENS VOLLEYBALL

Left to Right: Back Row - Jennifer Forde, Lauri Shipp, Donnell Stayzer, Joanna Collings, Jennifer MacMillan, Judy Halaiko
Front Row - Cindy Shantz, Sue Graham, Tina Koziej, Kellie Teshima
Absent: Amy Charko, Cheryl Colyn, Tammy Forrester
NEXT Thursday, November 18
HOME GAME: Redeemer at Niagara
COACHES CORNER: "Feeling very positive towards the team. With 7 players returning our goal this year is to make the playoffs, last year we finished 11-6. It's one of the stongest teams I've had in the last 5 years."

Judy Halaiko, coach

Keep the circle strong

By Heather D. Hodgson
Law and Security Administration
Special to Niagara News

Keep the Circle Strong is a drug awareness theme. But, Keep the Circle Strong is more than a drug awareness theme, it is embodied in aboriginal culture.

The circle is the symbol of mother earth. The Medicine Circle applies to the life cycle. Any life situation can find its solution using the Medicine Circle formula. Basically, the formula leads to balance. Balance of the mind, body and spirit is essential for life. Balance with your surroundings is essential for survival.

Scientific data shows that the body's chemical balance is essential for mental and physical health. In nature, science has proven that disturbing the balance can lead to destruction. There are many other examples that support the aboriginal Medicine Circle.

Why use the circle when dealing with substance abuse? Substance abuse destroys the circle. To keep the Circle Strong, it is necessary for each member of the community to contribute his or her share. It is believed that each person has a gift. For example, writing, parenting, leadership, etc. When each member contributes and shares in the circle there is a balance. If an individual doesn't do his or her share, the community loses. If a person "falls out of the circle", the community tries to help the individual regain his or her direction. Only with all of the members of the circle working together can balance be achieved.

Substance abuse is a contributing factor to the erosion of most societies and cultures.

It is obvious how the individual loses. If through substance abuse, the individual is not balanced in mind, body and spirit he or she cannot function. He or she is no longer able to cope, health suffers, financial problems build, personal relationships strain, and in some cases, depression leads to suicide.

Substance abuse is not racist or sexist. Anyone can fall prey no matter what their social status, sex, race, creed, or religious affiliation.

There are many sources of information and assistance in the community. Check the front pages of the phone book for community agencies, or ask counselling or your family doctor for information to increase your knowledge in this area.

This column has been prepared in co-operation with Bonnie Winskell, the director of the Aboriginal Education Access Centre at Niagara College. I realize that attempting to describe "Keep the Circle Strong" in a column of this size is like dipping a hand in the ocean and exploring the contents of what is left on the hand. It has to be viewed as a brief starting point.

Want to know how you can keep the Circle Strong? Want more information on your heritage, rights, social assistance or social functions? Everyone is welcome in the Centre in S102B. Drop in anytime!

Keep the Native Circle Strong.

Care coming

By DANIELLE MEVILLE
Staff Writer

Jack Houghton, marketing manager for Care Canada, will be in the Hamilton Room on Friday, Nov. 5 at 1:30 p.m.

Houghton, a graduate of the Interior Design program at Niagara College, will speak to students about projects in which Care Canada is involved.

Care Canada funds projects and provide materials to Third World countries to implement new agricultural and other types of programs established.

A slide presentation is scheduled.

David Winters, Interior Design co-ordinator, invited media design division, architectural technology and horticultural students to attend the seminar.

"It's not related to anything in particular. It goes beyond college level," said Winters.

Manera to head CBC

By ANDREA SNIDER
Staff Writer

Former Niagara College president Tony Manera was appointed the new CBC interim president and chief executive officer last Friday.

The public broadcaster announced that Manera, who has been the senior vice-president at the corporation since 1986, took over Nov. 1, preceeding the departure of Gerard Veilleux.

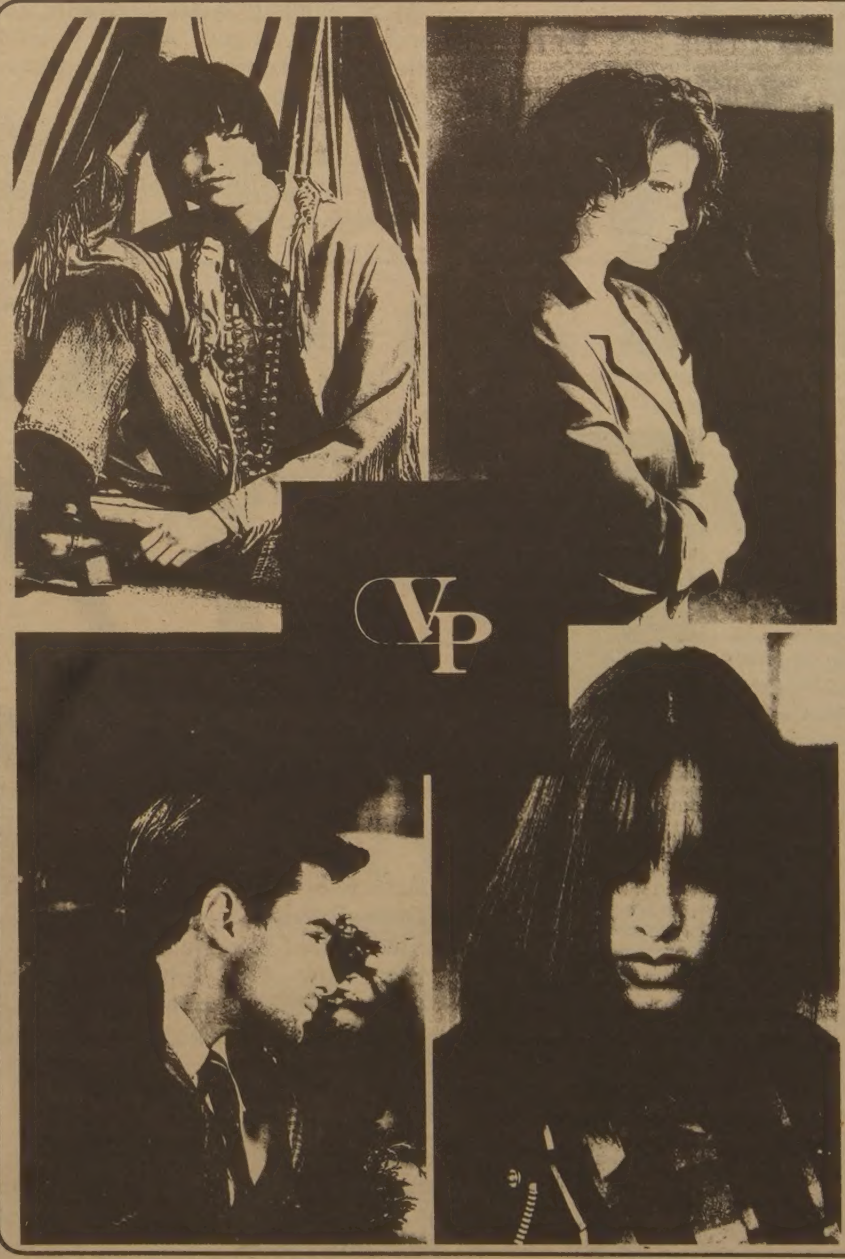
Veilleux, 51, announced in July that he would step down one year before his five-year term expired. He presided over a stormy period of funding squeezes, program cuts and staff turnover. Veilleux also had promised his family he would make a career change.

The corporation has been wrestling with restraint measures since 1989, resulting in the loss of 1,100 jobs, the closing or downsizing of 11 television stations and the end of local non-news programs across the country.

Manera's duties at CBC included running the planning and allocations committee as well as overall responsibility for finance, human resources, engineering and management information systems.

Manera, who was born in Italy, came to Canada in 1951. He worked as an aerospace engineer and taught university before serving as a college president in Ontario and British Columbia.

Manera was president of Niagara College from 1972 to 1978.



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